

Young Olympians Schedule

Pre-registration Required: <https://calnorth.org/odp-tryouts-pool-info/>
\$135.00 for each player, fee due at the time of Registration (this fee covers all dates).

SATURDAY, JUNE 22

BOYS AND GIRLS

GIRLS: 9:00-12:00 PM

BOYS: 2:00 PM to 5:00 PM

LOCATION: MISTLIN SPORTS PARK, RIPON CA

SUNDAY, JUNE 23

BOYS AND GIRLS

GIRLS: 9:00-12:00 PM

BOYS: 2:00 PM to 5:00 PM

LOCATION: MISTLIN SPORTS PARK, RIPON CA

SUNDAY, AUGUST 11

BOYS AND GIRLS

GIRLS: 9:00-12:00 PM

BOYS: 2:00 PM to 5:00 PM

LOCATION: MISTLIN SPORTS PARK, RIPON CA

All training is based around our camp curriculum, but geared toward preparing a player to perform in the ODP environment, the goal being to assess and prepare players to play in an elite program.

Day 1 (3 hours)-1v1 attacking moves to beat a player

Session 1: 75 minutes (1v1 Attacking, moves to beat a player)

Activity Break: 15 minutes (Fun social, team building activity)

Session 2: 60 minutes (Finishing: 1v1, 2v2, to goal, individual attacking to goals)

Games: 30 minutes Small sided games to bring out 1v1 attacking (3v3, 4v4)

Day 2 (3 hours)-2v1 (passing and receiving/combination play)

Session 1: 75 minutes (2v1 Passing and receiving, combination play)

Activity Break: 15 minutes (Fun social, team building activity)

Session 2: 60 minutes (2v2, 3v2 to goal, individual attacking to goals)

Games: 30 minutes Small sided games to bring out 1v1 attacking (3v3, 4v4)

Day 3 (3 Hours)-Small sided games tournament-age appropriate play

Session 1: Small sided Games (3v3 or 4v4) 75 minutes

Activity Break: 30 minutes (Formations soccer related tactical discussion)

Session 2: Age appropriate games (7v7 including GK)